

31
No School
Winter Break

1
No School
Winter Break

2
Orange Chicken w/
Broccoli & Lo Mein
Noodles
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: C Ham Chef
Orange Glazed Carrots

3
Chicken Alfredo Pasta w/
Dinner Roll
Grill: Spicy Chicken Patty
Pizza: BBQ
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: C Ham Chef
Refried Beans

4
Walking Taco w/ Cheese
Sauce
Grill: Spicy Chicken Patty
Pizza: Mexican
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: C Ham Chef
Fresh Steamed Broccoli

7
Breaded Chicken
Drumstick w/ Dinner Roll
Grill: Chicken Patty
Pizza: Buffalo
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Chicken
Caesar
Mashed Potatoes

8
Vegetarian Chili Mac
w/ Breadstick
Grill: Spicy Chicken Patty
Pizza: Pico de Gallo
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Chicken
Caesar
Steamed Green Beans

9
Chicken Nugget Bowl
w/ Dinner Roll
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Chicken
Caesar
Orange Glazed Carrots

10
General Tso's Beef w/
Vegetables & Yellow Rice
Grill: Bacon Cheeseburger
Pizza: BBQ
Taco bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Chicken
Caesar
Baked Beans

11
Tagine Chicken w/ Cheddar
& Chili Flatbread
Grill: Hot Dog
Pizza: Mexican
Mexicana: Nacho
Deli: C Ham Sub
Salad on the Go: Chicken Caesar
Fresh Steamed Broccoli

14
Salisbury Steak w/ Egg
Noodles, Brown Gravy
and Breadstick
Grill: Chicken Patty
Pizza: Buffalo Chicken
Taco Bar: Soft Shell Taco
Salad on the Go: Italian
French Fries

15
Sweet & Sour Popcorn
Chicken w/ broccoli & Rice
Grill: Spicy Chicken Patty
Pizza: Pico de Gallo
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Italian
Fresh Roasted Cauliflower

16
Chicken and Cheddar
Burrito
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Italian
Cinnamon Sweet Potato

17
Rice & Bean Bowl w/
Breadstick
Grill: Burgers
Pizza: BBQ
Taco Bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Italian
Campfire Pinto Beans

18
No School

21
No School
MLK Day

22
Parmesan Chicken Patty
w/ Spaghetti
Grill: Chicken Patty
Pizza: Pico de Gallo
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Apple Slice
Salad
Green Beans

23
Chicken Nugget bowl
Grill: Chicken Nuggets
Pizza: Cheeseburger
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Apple Slice
Salad
Orange Glazed Carrots

24
Sausage and Red beans
Bowl w/ Rice Santa Fe
Grill: Spicy Chicken Patty
Pizza: BBQ
Taco bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Apple Slice
Salad
Refried Beans

25
Egg Fried Rice w/ Egg
Roll
Grill: Cheeseburger
Pizza: Buffalo Chicken
Taco Bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Apple Slice
Salad
Fresh Steamed Broccoli

28
BBQ Mac and
Cheese w/ breadstick
Grill: Hot Dog
Pizza: Bruschetta Flatbread
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn
Chicken Salad

29
Spicy Popcorn
Chicken Bowl
Grill: Chicken Patty
Pizza: Pico de Gallo
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn
Chicken Salad

30
Ravioli
w/ Breadstick
Grill: Chicken Nuggets
Pizza: Cheeseburger
Taco Bar: Soft Shell taco
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn
Chicken Salad

31
Sweet and Sour Chicken
Chicken w/ Cilantro Lime
Rice
Grill: Spicy Chicken Patty
Pizza: BBQ Chicken
Bar: Burger Bar
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn
Chicken Salad

1
Cajun Chili Fries Bowl
w/ Tortilla Chips
Grill: Cheeseburger
Pizza: Buffalo Chicken
Taco Bar: Soft Shell Taco
Deli: C Ham Sub
Salad on the Go: Spicy Popcorn
Chicken

CHALLENGE YOURSELF:

KEEP ACTIVE
+ WALK MORE
+ ALL DAY

= A STRONG & FIT YOU

Daily Offerings!

- Fruit & Vegetable Bar
- Cheese & Pepperoni Pizza
- Milk- Skim, Chocolate Skim, Unflavored Skim, Chocolate & Non-Lactose